

**Brazos G. Minshew, L.Ac.**

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## **Gall Bladder Drink Type A**

**Mix in blender the following:**

**1 whole lemon**

**1 cup Pineapple Juice**

**1-3 cloves garlic, crushed**

**1/8 to 1/2 tsp Ginger**

**1-2 tbl extra virgin olive oil**